



Health tips during COVID-19

Our greatest responsibility is finding ways to protect you and serve our communities. One way we hope to do this is by sharing new and updated COVID-19 information:



[Home caring for someone with COVID-19?](#) Follow these steps to help them recover and help everyone else at home stay healthy.



[Pregnancy can be an exciting journey.](#) Get answers to common questions and the latest guidelines for a safe and healthy pregnancy during COVID-19.



[Anthem is committed to fighting the pandemic and supporting our communities.](#) Our efforts include disaster relief and social services support.

We hope this information will help answer a few of your questions. We are here to help and will continue to make supporting you and your loved ones a top priority.