



Ways to protect your health

As the pandemic continues, we understand how frustrating it is to see the number of cases rise again. While some communities have eased restrictions, others have tightened them. We remain dedicated to gathering important COVID-19 information and sharing health resources, so you can help protect yourself and those around you.



[Take this quiz on social distancing and minimizing risk](#)

Check your knowledge about safety at gyms, restaurants and public gatherings.



[Quickly locate a COVID-19 testing site near you](#)

If you think you may have the coronavirus, use our free COVID-19 Test Site Finder.



[Answers to popular COBRA coverage questions](#)

Learn what COBRA is, how it works and when you may be eligible for it.

Every positive health step we take to help others moves us one-step closer to a long-term solution. We want to assure you we will continue to prioritize COVID-19 prevention and treatment for all of our communities.