1a. What strategic priority does this program address?

Protect health and keep the people of Missouri safe and improve the health of women in Missouri.

1b. What does this program do?

- Services are provided to those meeting program eligibility in order to increase access to healthy, nutritious food, which in turn reduces preventable nutrition-related illnesses and deaths, and increases positive health outcomes.
- Specific programs include:
  - Special Supplemental Nutrition Program for Women, Infants and Children (WIC);
  - Child and Adult Care Food Program (CACFP);
  - Summer Food Service Program (SFSP); and
  - Commodity Supplemental Food Program (CSFP).
- Decreases preventable nutrition-related illnesses and deaths using a variety of methods; services provided include:
  - Health screening and risk assessment;
  - Nutrition counseling;
  - Breastfeeding promotion and support;
  - Referrals to health and social services;
  - Allowable benefits to purchase specific food items needed for good health;
  - Reimbursement for meals which meet federally prescribed guidelines; and
  - Provision of commodity food packages.
Department of Health and Senior Services

Nutrition Initiatives Program

Program is found in the following core budget(s):

2a. Provide an activity measure(s) for the program.

WIC Participants Served (Average Monthly Participation)

- Women
- Infants
- Children

WIC Reimbursement to Retailers

WIC reimburses Missouri grocers over $80 million per year for nutritious food items which meet USDA standards and are provided to WIC participants.

Meals Served Through Child and Adult Care Food Program

- Children (ages 18 and under) and adults (age 60 and older) that are enrolled in care programs;
- Children under age 18 enrolled in afterschool programs in at-risk areas and residing in emergency shelters with their families;
- Children and adults with physical or mental disabilities; and
- Children of migrant workers who are age 15 and under.
PROGRAM DESCRIPTION

Department of Health and Senior Services
Nutrition Initiatives Program

Program is found in the following core budget(s):

2a. Provide an activity measure(s) for the program. (continued)

The Summer Food Service Program serves children aged 18 and under and physically or mentally disabled adults who participate in school-sponsored programs during the school year.

Commodity boxes are distributed monthly to qualified program participants over 60 years of age through local food pantries.

Each monthly commodity box contains:
- Fruit Juice
- Dry cereal, farina, rolled oats, or grits
- Proteins (canned beef, chicken, beef stew, chili, tuna or salmon)
- Milk (UHT shelf stable or instant nonfat dry)
- Peanut Butter/ Dry Beans
- Potatoes/Grains
- Cheese
- Fruits
- Vegetables
Nutrition Initiatives Program

Program is found in the following core budget(s):

2b. Provide a measure(s) of the program's quality.

**Summer Food Service Program Sponsor Satisfaction**

Survey measured percentage of respondents satisfied with the guidance and assistance provided by the SFSP staff. Initial survey completed in 2017.

2c. Provide a measure(s) of the program's impact.

**WIC Participants who Initiate Breastfeeding**

Breastfeeding reduces an infant's risk of Sudden Infant Death Syndrome (SIDS), infections, and obesity. Breastfeeding also reduces the risk of cancer and diabetes for both mother and infant.
Program is found in the following core budget(s):

2c. Provide a measure(s) of the program’s impact. (continued)

Pregnant WIC Participants who Started Program During First Trimester

<table>
<thead>
<tr>
<th>Year</th>
<th>Base Target</th>
<th>Stretch Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>FFY 2016</td>
<td>60.6%</td>
<td></td>
</tr>
<tr>
<td>FFY 2017</td>
<td>59.9%</td>
<td></td>
</tr>
<tr>
<td>FFY 2018 Proj.</td>
<td>60.5%</td>
<td></td>
</tr>
<tr>
<td>FFY 2019 Proj.</td>
<td>61.1%</td>
<td></td>
</tr>
<tr>
<td>FFY 2020 Proj.</td>
<td>61.7%</td>
<td></td>
</tr>
<tr>
<td>FFY 2021 Proj.</td>
<td>61.7%</td>
<td></td>
</tr>
</tbody>
</table>

Pregnant mothers receiving WIC benefits during the first trimester reduces the mother’s risk of preterm delivery and infant mortality. National Average is 53.8 percent, according to the 2016 USDA WIC Participant and Program Characteristics Report.

2d. Provide a measure(s) of the program’s efficiency.

Maximum WIC Benefit Value Redeemed

<table>
<thead>
<tr>
<th>Year</th>
<th>Benefits Redeemed</th>
</tr>
</thead>
<tbody>
<tr>
<td>FFY 2016</td>
<td>59.57%</td>
</tr>
<tr>
<td>FFY 2017</td>
<td>58.26%</td>
</tr>
<tr>
<td>FFY 2018 Proj.</td>
<td>58.84%</td>
</tr>
<tr>
<td>FFY 2019 Proj.</td>
<td>59.43%</td>
</tr>
<tr>
<td>FFY 2020 Proj.</td>
<td>60.03%</td>
</tr>
<tr>
<td>FFY 2021 Proj.</td>
<td>60.03%</td>
</tr>
</tbody>
</table>

WIC benefits are currently issued via paper checks. This process creates some barriers to redemption of benefits, thereby resulting in fewer nutritional resources being distributed to eligible mothers and children. WIC is planning for implementation of electronic benefit transfer (EBT) cards to begin in FFY 2019, with full implementation to be completed in FFY 2020. This new method of benefit delivery should result in increasing the benefits redeemed over a period of time.
In order to more readily establish program integrity, it is the goal of the program staff to provide new CACFP sponsors a technical assistance visit within the first 150 days of operation in the program by 2021 although USDA only requires the first visit within 365 days. These technical assistance visits are the most beneficial when sponsors have submitted at least three monthly claims; therefore, 125 days would be the earliest a technical assistance visit should be provided.

3. Provide actual expenditures for the prior three fiscal years and planned expenditures for the current fiscal year. *(Note: Amounts do not include fringe benefit costs.)*
**PROGRAM DESCRIPTION**

**Department of Health and Senior Services**

**Nutrition Initiatives Program**

Program is found in the following core budget(s):

- HB Section(s): 10.700, 10.710, 10.735

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4. What are the sources of the "Other " funds?
   - Department of Health and Senior Services - Donated (0658).

5. What is the authorization for this program, i.e., federal or state statute, etc.? (Include the federal program number, if applicable.)

6. Are there federal matching requirements? If yes, please explain.
   - No.

7. Is this a federally mandated program? If yes, please explain.
   - Yes, these programs are required to be administered in every state and are 100 percent federally funded.