

## PROGRAM DESCRIPTION

Department: Mental Health

HB Section(s): 10.410, 10.420, 10.555

Program Name: In-Home Supports

Program is found in the following core budget(s): DD Community Programs

### 1a. What strategic priority does this program address?

Supporting independence and self-sufficiency of Missourians with developmental disabilities by increasing employment rates and fostering self sufficiency, building systems of positive behavior supports, and increasing the use of technology to provide increased levels of independence.

### 1b. What does this program do?

In-Home services is designed to 1) support families to preserve the natural family structure, 2) teach individuals self-sufficiency in order to live as independently as possible when it is time to move out of the family home, and 3) to help individuals already living on their own to learn new skills and build on existing skills in order to maximize their independence and to live the life they choose. In-Home Services are available to individuals who live with family or may live on their own but are not receiving residential services. These services are currently provided to 15,729 individuals. In-Home services include, but are not limited to: individual skill development, respite, transportation, personal assistance, day habilitation, community integration, employment training and support, autism parent training, and behavior services.

Individuals each have a service plan that identifies state services needed, generic supports available through-local resources as well as natural support provided by family and friends. Individuals and choose services which meet their needs, allowing individuals to access employment and support individuals along with their families to more fully participate in their community. In the FY 2023 budget, the Missouri General Assembly appropriated \$16.6M to implement value based payment initiatives to incentivize and enhance favorable outcomes for individuals. These payments impact in-home services such as remote services expansion and employment. These supports are funded by a combination of state and federal funds through four separate Medicaid Waivers administered by the Division of DD and the MO HealthNet Division (MHD) in the Department of Social Services (DSS).

- The Comprehensive Waiver for persons with developmental disabilities, which began in FY 1989, is the only Medicaid Waiver which provides for residential services and supports in settings such as group homes and supported living. In FY 2022, 8,645 individuals were served through the Comprehensive Waiver, of which 7,487 received residential services. The remaining 1,158 lived on their own or with family. Until other waivers were available, this waiver served all eligible individuals. Currently, only individuals deemed in crisis need for residential services are enrolled in this waiver.

- The Community Support Waiver which began in July 2003, serves individuals who do not require residential placement. This waiver provides a wide range of supports for individuals. The total cost of waiver services required to meet the person's needs must not exceed \$40,000 annually, except in special

- The Missouri Children's Developmental Disabilities Waiver (MOCDD Waiver) targets children under the age of 18 with special needs. MO HealthNet guidelines require parental income and resources to be considered in determining the child's financial eligibility for MO HealthNet when the child lives in the home with their parents. This requirement of deeming parental income to the child is waived for children who participate in the MOCDD Waiver. As a result, only income and resources that are specific to the child are considered when determining financial eligibility for this waiver. In FY 2022, 305 individuals were served in this waiver.

- The Partnership for Hope (PfH) Waiver is a county-based waiver approved in October 2010. State match costs are split 50/50 with the county in which the individual resides. Services are available only in counties with a Senate Bill 40 Board (SB40) and who have agreed to participate in this waiver. PfH served 2,077 individuals in FY 2022. The total cost of waiver services required to meet the person's needs must not exceed \$12,362 annually, or \$15,000 annually if an exception is granted.

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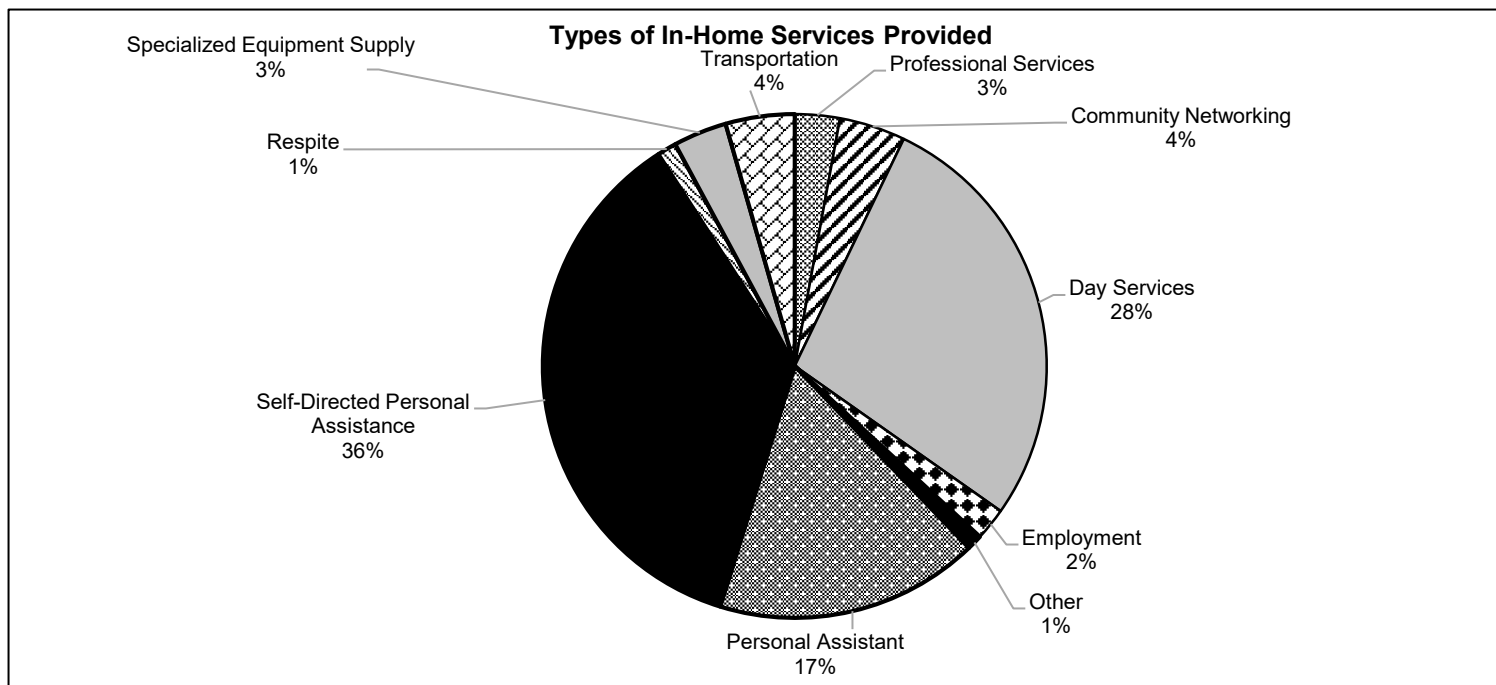
**HB Section(s):** 10.410, 10.420, 10.555

**Program Name:** In-Home Supports

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**2a. Provide an activity measure(s) for the program.**

- Increase in-home supports to individuals and their families to enable persons with developmental disabilities to live in their communities.



Note: The percentage provided is based on FY 2022 total In-Home expenditures for each type of service received

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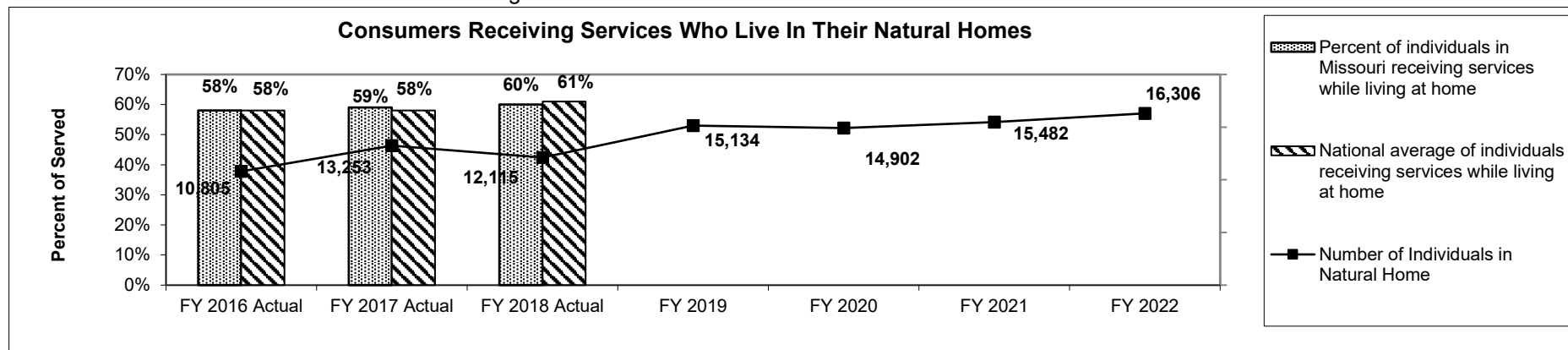
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**2a. Provide an activity measure(s) for the program. (Continued)**

- Number of consumers served in the following MO HealthNet waivers by fiscal year:

	FY 2020 Actual	FY 2021 Actual	FY 2022 Actual	FY 2023 Projected	FY 2024 Projected	FY 2025 Projected
Comprehensive Waiver	8,532	8,513	8,645	9,091	9,091	9,091
Community Support Waiver	4,155	4,127	4,702	5,446	5,446	5,446
Mo Children with DD Waiver	332	329	305	333	333	333
Partnership for Hope Waiver	1,968	2,040	2,077	2,617	2,617	2,617
	14,987	15,009	15,729	17,487	17,487	17,487

- To increase the number of individuals receiving services who live in their natural home.



Note: The Percent of Total Served is based on the Residential Information Services Project (RISP). National RISP data for 2019-2022 has not yet been released. More consumers are receiving services in their homes enabling them to fully be included in all aspects of home, school and community life.

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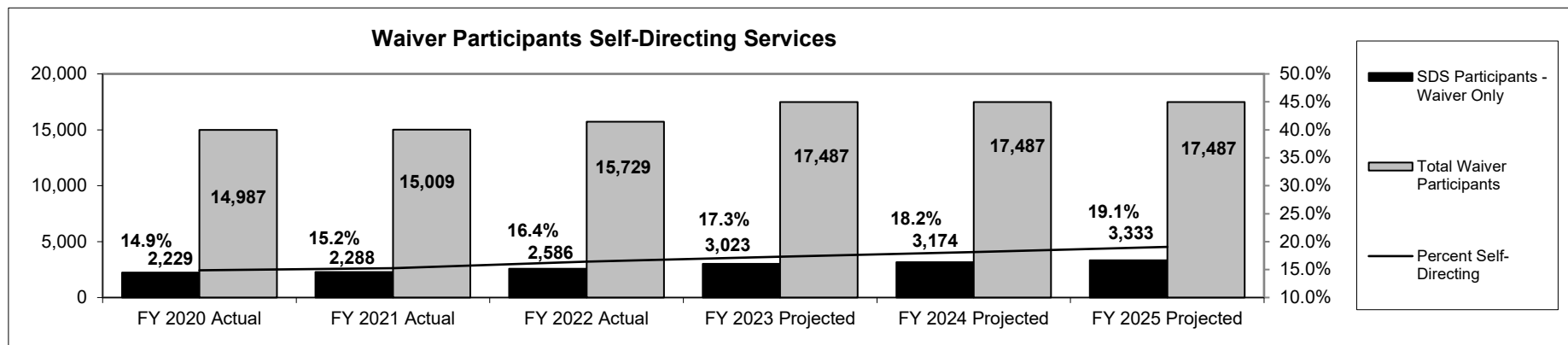
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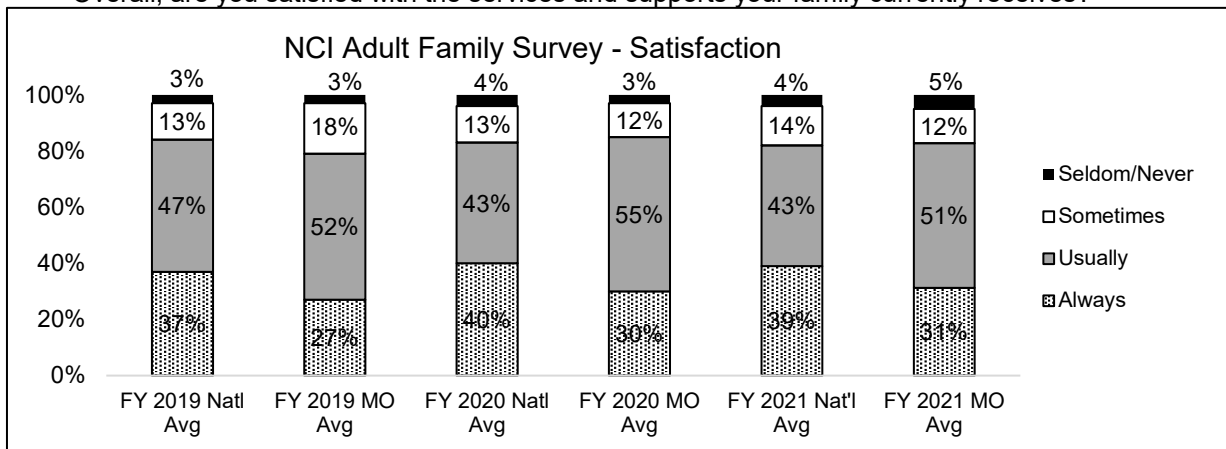
- Percent of Waiver Participants Self-Directing their own services, thereby increasing self-sufficiency and community inclusion, and avoiding out of home placement and other segregated services.



Note: In FY 2022, Missouri had 16.44% of waiver participants self-directing services. Fourteen states report at least 10% of individuals using self-directed services, according to the NCI Adult In-Person Survey. Nine states report at least 20% being self-directed. 22 states responded to this measure.

**2b. Provide a measure(s) of the program's quality.**

- Overall, are you satisfied with the services and supports your family currently receives?



Note: Based on National Core Indicator (NCI) Adult In-Person Survey (IPS) results. NCI is a voluntary effort by public developmental disabilities agencies to measure and track their own performance. Due to the COVID-19 Pandemic, national data for the 2019-20 IPS were not published. Only MO-specific data is available for that year. In 2020-21, surveying resumed as normal. 402 surveys were completed in MO and 19,991 were completed nationally.

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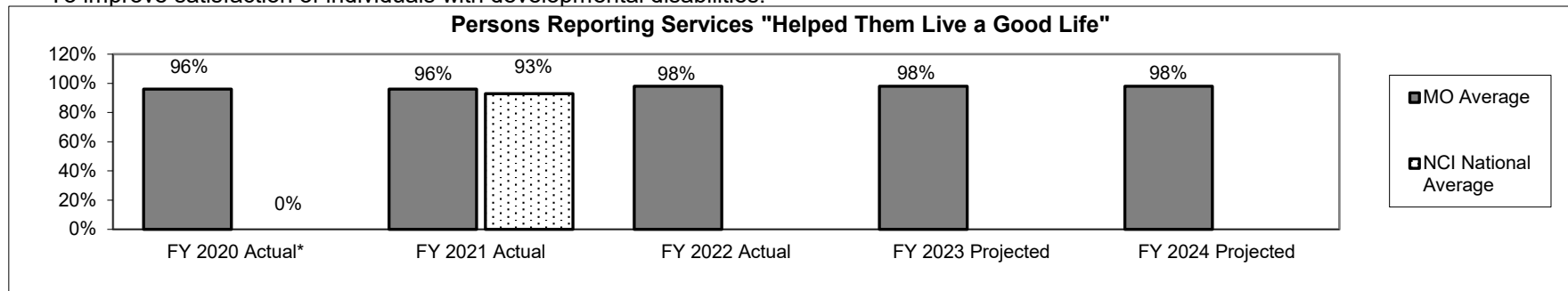
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**2b. Provide a measure(s) of the program's quality. (Continued)**

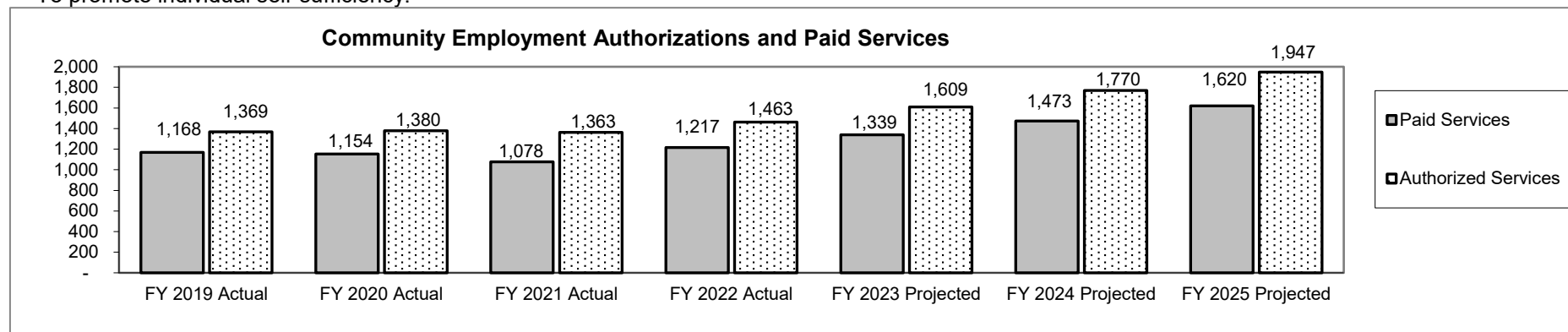
- To improve satisfaction of individuals with developmental disabilities.



Note: Based on NCI Adult In-Person Survey (IPS) results. NCI is a voluntary effort by public developmental disabilities agencies to measure and track their own performance. \*Due to the COVID-19 Pandemic, national data for the 2019-20 IPS were not published. Only MO-specific data is available for that year. In 2020-21, surveying resumed as normal. 402 surveys were completed in MO and 19,991 were completed nationally. 2022 NCI data is anticipated to be available in August 2023.

**2c. Provide a measure(s) of the program's impact.**

- To promote individual self-sufficiency.



Note: Includes individuals age 18+ with an open episode of care. Based on national survey data, out of the total number of individuals in day and employment services, Missouri had 662 or 11% of individuals in integrated employment services in 2017. Nationally, there were 20% in integrated employment services. (Source: National Survey of State IDD Agency Day and Employment Services conducted by University of Massachusetts, Boston.) Missouri's stretch target was projected to be 35% for FY 2021-FY 2023; however, COVID-19 impacted employment opportunities.

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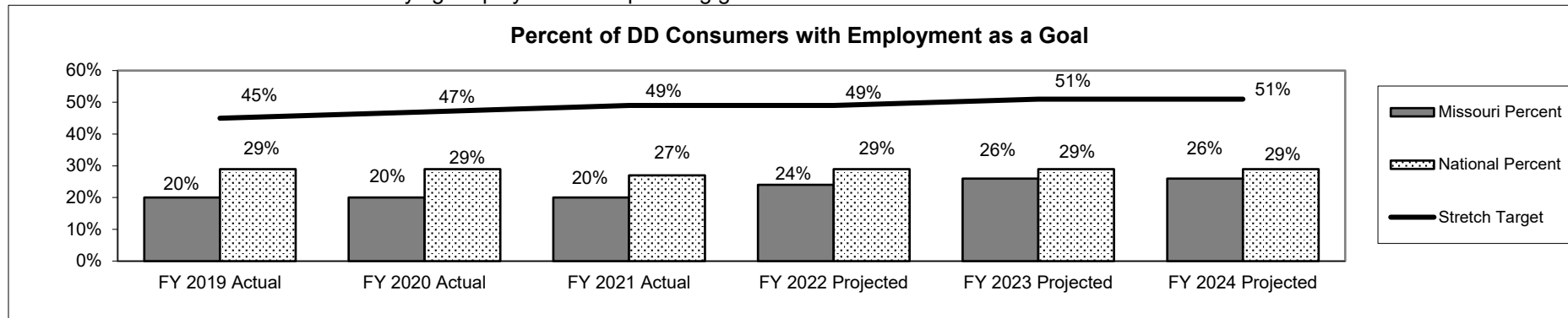
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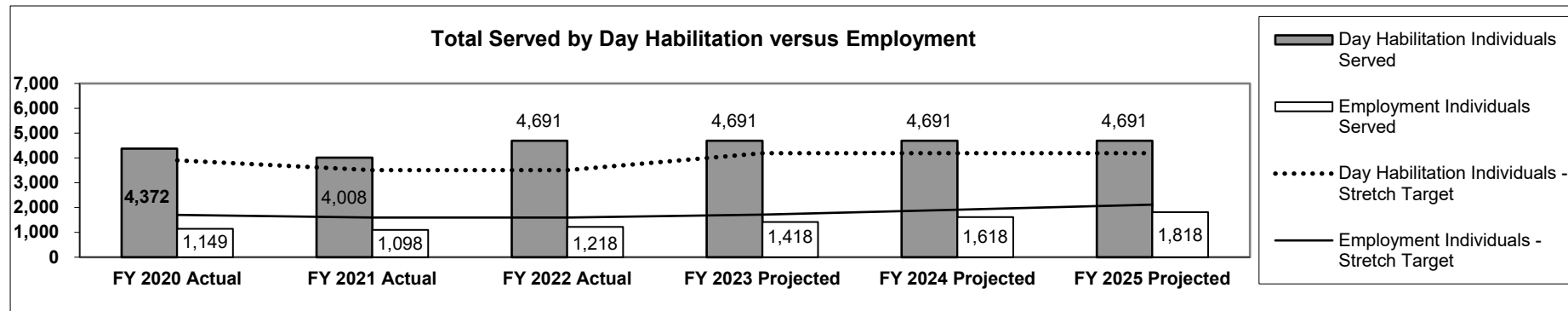
**2c. Provide a measure(s) of the program's impact. (Continued)**

- How successful is Missouri in identifying employment as a planning goal.



Note: Based on a sample of consumers reported in NCI. Overall, Missouri conducts 400 Adult Consumer Surveys (now the Adult In-Person Survey) every year. According to this survey, 40% of unemployed individuals in Missouri indicated they would like a job in the community, compared with 50% Nationally. Given this discrepancy, the ultimate stretch target is for 51% of individuals to have employment as a goal.

- To improve consumer independence and community integration by moving away from segregated day services to community-integrated employment.



Note: In line with the overall goal of the highest level of community integration, the Division of DD is working towards increasing the number of individuals in integrated community employment and reducing the number in segregated day services. The stretch targets are based on 500 individuals per year transitioning from day services to integrated community employment.

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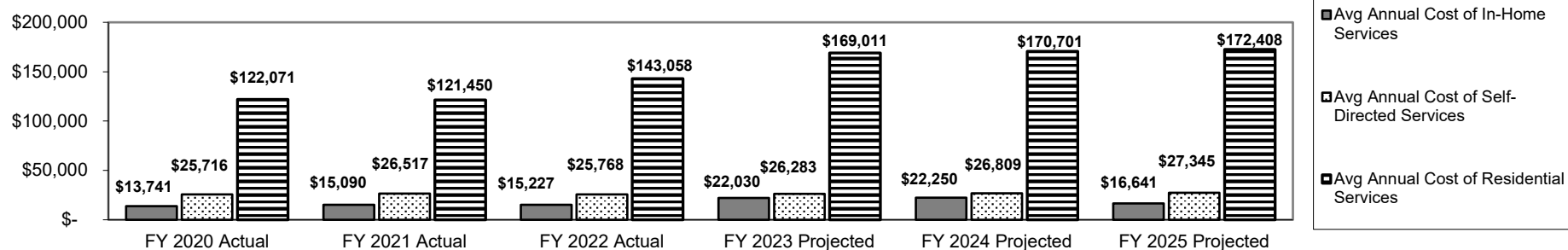
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**2d. Provide a measure(s) of the program's efficiency.**

- To provide more cost effective alternative to residential placement.

**Average Annual Cost Per Consumer**



Note: Average annual cost of residential services includes group home, shared living and Individualized Supported Living. Cost includes provider rate increases approved in the FY 2022 and 2023 budgets to fund residential providers at a rate supporting a \$15/hour wage for direct support professionals. Data reflects that it costs significantly less to serve individuals in their home as compared to the individuals who live in contracted residential settings. The Division of DD continues to promote and enhance its in-home services to provide necessary supports for families and individuals to avoid costly residential placement.

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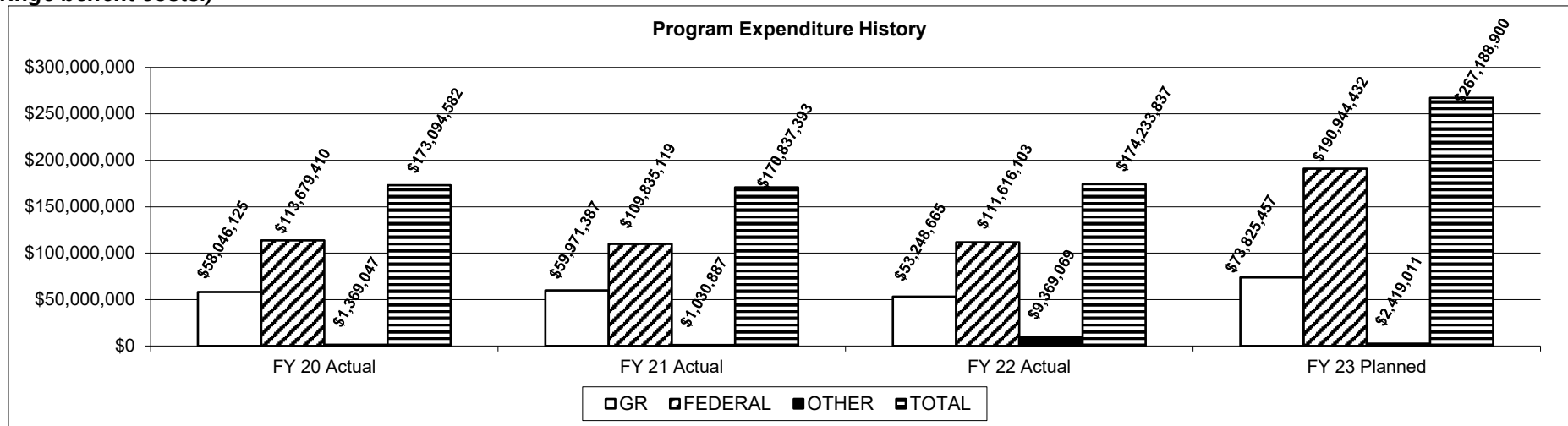
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**3. Provide actual expenditures for the prior three fiscal years and planned expenditures for the current fiscal year. (Note: Amounts do not include fringe benefit costs.)**



Note: FY 2023 Planned increased expenditures as a result of FY 2022 and FY 2023 provider rate increases; Federal Expenditures include funding appropriated for HCBS Enhancements and a portion of provider rate increases funding with HCBS FMAP Enhancement funds.

**4. What are the sources of the "Other" funds?**

Other funds include Mental Health Local Tax Match (0930), Mental Health Interagency Payment Fund (0109) and Developmental Disabilities Wait List Fund (0986).

**5. What is the authorization for this program, i.e., federal or state statute, etc.? (Include the federal program number, if applicable.)**

Chapter 633, RSMo. (support services defined in Sections 630.405 through 630.460).

**6. Are there federal matching requirements? If yes, please explain.**

The Division of DD provides the state share of the cost of services that it provides to eligible consumers.

**7. Is this a federally mandated program? If yes, please explain.**

No. However, the Division of DD agrees to certain mandated terms as part of the MO HealthNet Waiver.