

PROGRAM DESCRIPTION

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| Department: <u>Mental Health</u> | HB Section(s): <u>10.105</u> |
| Program Name: <u>Prevention Services</u> | |
| Program is found in the following core budget(s): <u>Prevention & Education Services</u> | |
| <p>1a. What strategic priority does this program address? Enhance prevention initiatives.</p> <p>1b. What does this program do? Using evidence-based programs and strategies, community-based prevention programs provide interventions to children, families, and college students; training, technical assistance, and support for coalitions; evaluation, research, and data analysis; public education and social marketing, and information and referral services. Prevention Resource Centers provide training, technical assistance and support to more than 170 registered community coalitions across the state. College Campus-based Programs are provided on 24 institutions of higher education to reduce rates of harmful and dangerous drinking. Prevention Evaluation supports all prevention services by providing data to assess prevention needs and program effectiveness.</p> <p>School-based Prevention Intervention and Resource Initiative (SPIRIT) delays the onset of substance use and decreases the use of substances, improves overall school performance, and reduces incidents of violence. To achieve these goals, prevention agencies are paired with school districts to provide technical assistance in implementing evidence-based substance use prevention programming. SPIRIT is operated by four prevention agencies serving 12 school districts across the state, including Carthage R-IX, Knox Co. R-1, New Madrid Co. R-1, Ritenour, S. Shelby, Macon, Kirksville, Clark County, North Andrew, LaPlata, S. Pemiscot Co RV and Scotland Co. R-I.</p> <p>In addition to school and community-based programming, Mental Health First Aid® (MHFA) is a course offered throughout Missouri that teaches participants how to identify, understand and respond to signs and symptoms of mental health and substance use concerns. The youth-focused MHFA course teaches family members, school staff, human services workers, and citizens how to help an adolescent who is experiencing a behavioral health challenge or crisis. Furthermore, the Department of Mental Health (DMH) provides a wealth of statewide suicide prevention programming, training and public education to reduce the social stigma associated with mental health, substance use and suicide prevention.</p> | |

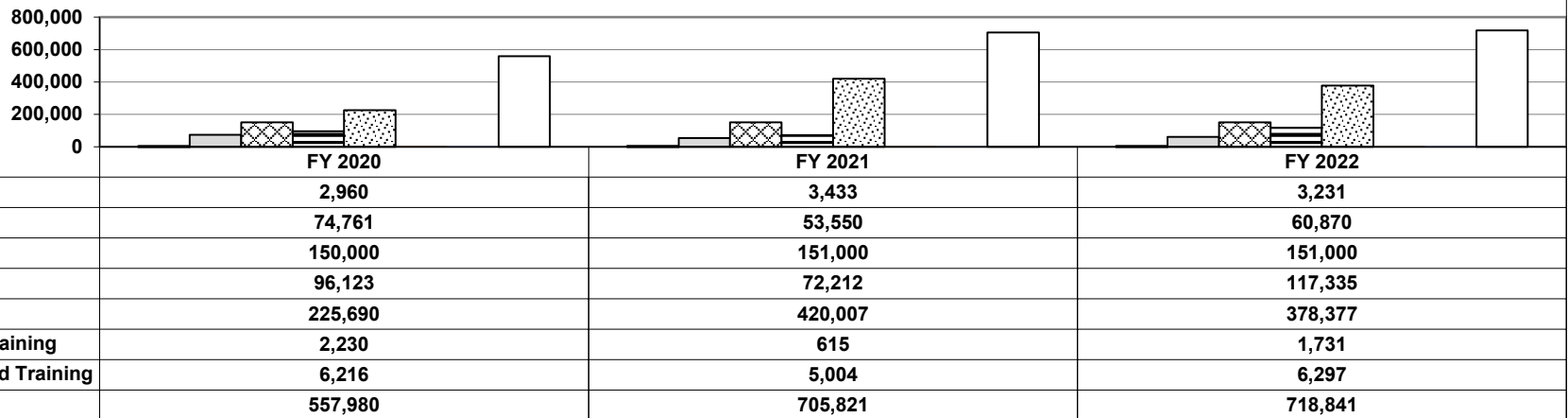
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2a. Provide an activity measure(s) for the program.

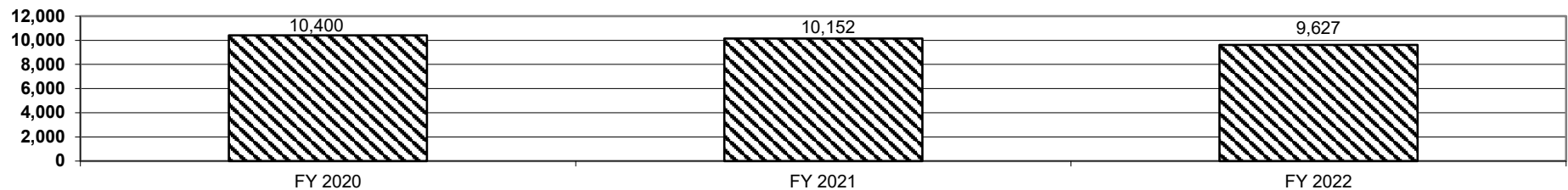
Number Served in Community Prevention Programs and Trainings



Note: These numbers include individuals served in both virtual and direct face-to-face programs and do not include individuals exposed to prevention education via media spots. 'Other' includes persons whose age was not collected at the time of the prevention program.

Target: Increased number served in community programs.

Students Participating in SPIRIT Program



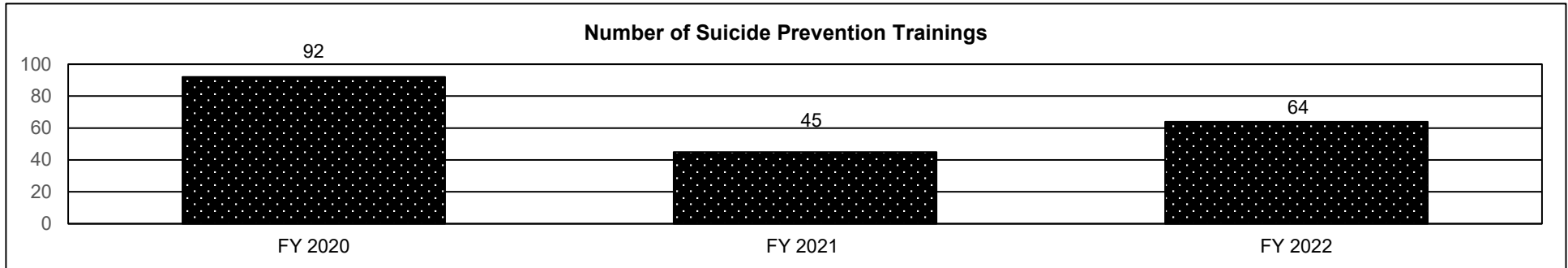
Target: Increased number of students participating in the SPIRIT Programs.

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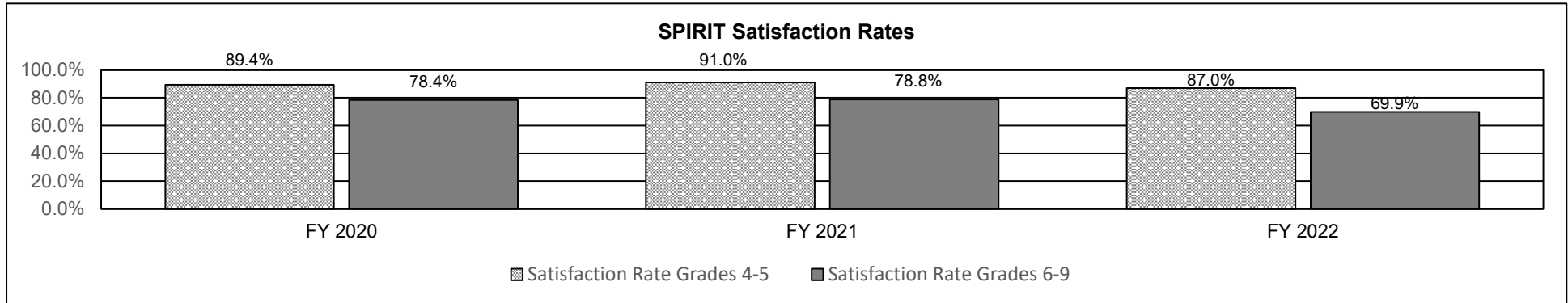
2a. Provide an activity measure(s) for the program (continued).



Note: The counts above include all suicide prevention training courses sponsored or conducted by prevention services.

Target: Provide an adequate number of suicide prevention trainings in order to attempt to lower suicide rates.

2b. Provide a measure(s) of the program's quality.



Target: Increased student satisfaction rates from students participating in the SPIRIT Programs. FY 2022, the 6th-9th grade rate only includes 6th-8th grade due to a reporting change in the annual SPIRIT report.

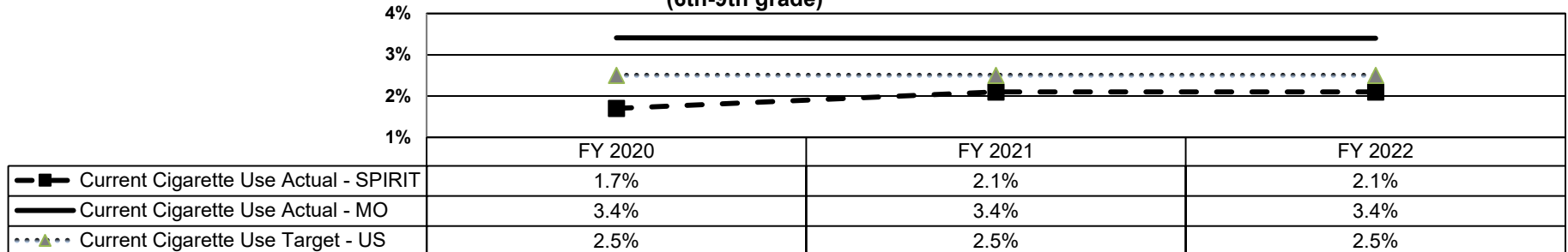
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2c. Provide a measure(s) of the program's impact.

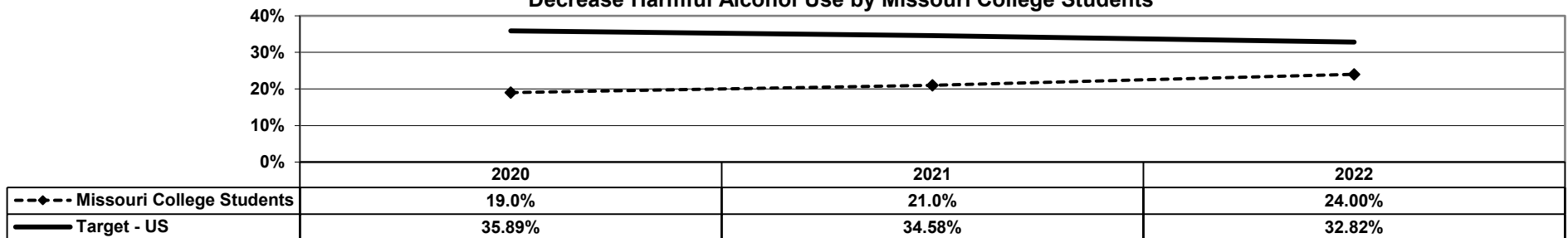
Decrease Percentage of SPIRIT Students Reporting Current Cigarette Use (6th-9th grade)



Target: Decrease in the percentage of SPIRIT students' cigarette use.

Note: The National Survey on Drug Use and Health (NSDUH) data are available for calendar years and NSDUH combines multiple years into single reports.

Decrease Harmful Alcohol Use by Missouri College Students



Note: Harmful use is defined as 5 or more drinks in a 2 hour period in the past 2 weeks. The data are available for calendar years.

Note: US College Student data lags two years behind Missouri College Student Data

Target: Harmful use among Missouri College Students to be below that for U.S. college students.

2d. Provide a measure(s) of the program's efficiency.

Societal Cost of Untreated Individuals with Substance Use Disorders (SUD) Compared to Cost to Prevent SUD

| Est. Cost Burden of SUD Per Individual | Amount Spent to Prevent SUD Per Individual |
|--|--|
| \$9,944 | \$23.73 |

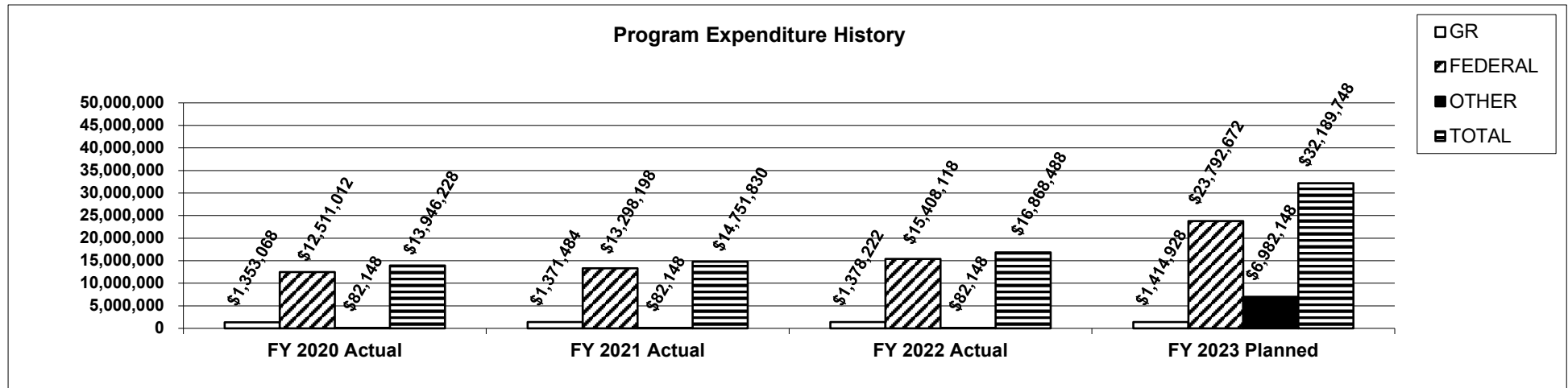
Note: Societal cost determined from Missouri's portion of national estimates found in 2018-2019 NSDUH and a November 2016 Surgeon General's report. Cost per individual is based on actual cost for FY 2022.

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3. Provide actual expenditures for the prior three fiscal years and planned expenditures for the current fiscal year. (Note: Amounts do not include fringe benefit costs.)



Note: For FY 2024, Suicide Prevention (formerly included in the house bill section previously referred to as CPS Administration) and the house bill section previously referred to as ADA Prevention Services are combined to become DBH Prevention and Education Services. FY 2023 planned expenditures include Suicide Prevention previously reported in CPS Administration.

4. What are the sources of the "Other " funds?

Other funds include Health Initiatives Fund (HIF) (0275) and Opioid Treatment and Recovery Fund (OTRF) (0705).

5. What is the authorization for this program, i.e., federal or state statute, etc.? (Include the federal program number, if applicable.)

Section 631.010, RSMo.

6. Are there federal matching requirements? If yes, please explain.

The federal Substance Abuse Prevention and Treatment Block Grant and the Mental Health Block Grant require that the state maintain an aggregate level of general revenue spending for treatment and prevention that is greater than or equal to the average of the past two years. (This is called the "Maintenance of Effort," or MOE, requirement.)

7. Is this a federally mandated program? If yes, please explain.

No. However, the Substance Abuse Prevention and Treatment Block Grant requires that 20% be expended for prevention activities.